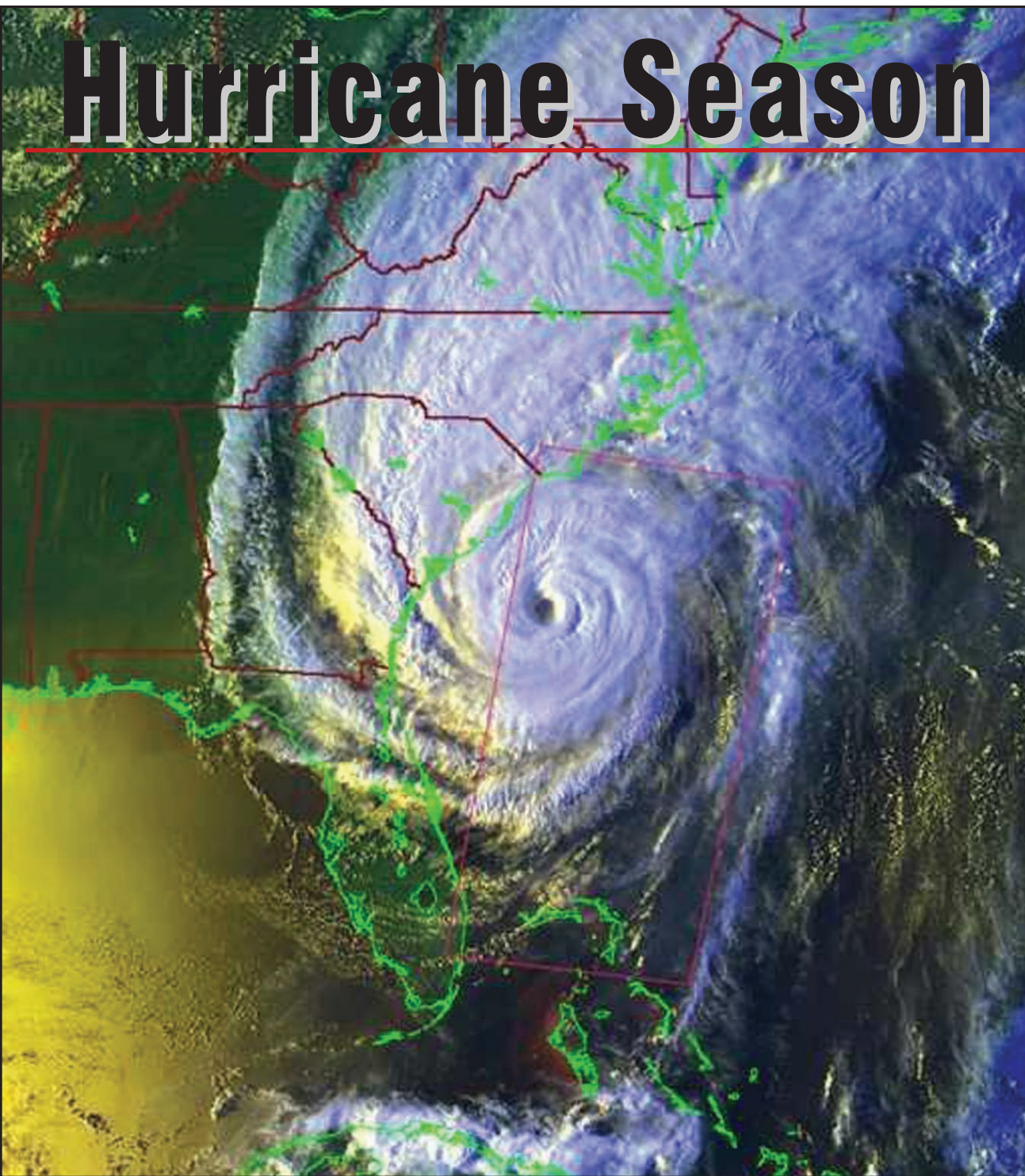




CAROLINA FLYER

Vol. 13, No. 32 Pope Air Force Base, N.C. • www.pope.af.mil Friday, Aug. 7, 2009



Hurricane Season

Preparation prevents hurricane devastation

Ed Dickens
Installation Emergency Manager

Hurricane season officially began June 1 and lasts to the end of November. Pope's location can be precarious during hurricane season. Fortunately, the personnel at Pope is knowledgeable about weather conditions that affect our region and alerts people before the hurricane ever gets close to land. It's important for people to check local officials to find out if they reside in a flood plain or flood prone area. Those who elect to evacuate the area should not wait until the storm hits. The roads may be saturated with people evacuating from the coast and moving westward toward Fayetteville. With the rain, winds and traffic snarls, some people could find themselves riding the storm out on a country road in their car.

My personal experience of a post-hurricane near-fatality came while I was assigned at Keesler AFB, Miss., during Hurricane George in 1998. I was in charge of recovery actions after the storm passed. The roads were flooded, power lines down, trees blown over, etc., and my team and I were standing in the middle of a road surveying damage to the homes. Some children were playing in the standing water, which was about 2-3 feet deep in areas. We noticed they were gathering around a whirlpool and even the parents came over and were watching and throwing sticks in the middle of it. We ran over and got them away from it. They were dumbfounded about how this whirlpool developed in the middle of the road. One of my troops was standing on the lid of a manhole, which weighed about 80 pounds. The water had come back up through the manhole and blew the lid off. Once the water started receding, it began sucking all the floodwater back into the storm drain. Those children and their parents were mere inches from being pulled into a storm drain and certain death. My point is that the dangers associated with a hurricane are not over until days or weeks after a storm. Stay vigilant and teach your family and friends how to survive a natural disaster like a hurricane.

Those who develop a family disaster plan will be calm, cool and collected when disaster hits because they have done their

See HURRICANE on Page 3

Commander addresses community at Open Forum

By Capt. Beverly Mock
Chief, Public Affairs

Col. James Johnson, 43rd Airlift Wing Commander, held a commander's Open Forum July 29 in the base theater in order to provide a Base Realignment and Closure update to the Pope community and to address their questions and concerns.

He started the forum by introducing the subject matter experts who would be assisting him in addressing community concerns. He gave the BRAC update providing an overview of where Pope is today and what the plans are for the future.

"The 43rd Airlift Wing is under an aggressive timeline to accomplish the transfer of Pope's real property, inactivate the 43rd Airlift Wing, and activate the 43rd Airlift Group. According to BRAC law this must be accomplished by Sep 2011, but we are focused on achieving this by Sep 2010," said Colonel Johnson.

He discussed the wing's mission encompassing the day-to-day operations and

outlined the collective vision of where the 43rd will be when it is an Airlift Group and Fort Bragg is providing the Base Operating Support. He stressed that the group will be focused on being the Air Force's premier Airlift Group for enroute operations and total force partnerships.

We also have an important partnership with the community, which is evident with the amount of support the Fayetteville and surrounding communities provide every day.

"Just today I was at the Fayetteville Cares press conference where our community announced Operation Holiday Cheer...their effort to send 15,000 gift boxes to local military members during the December holiday," said Colonel Johnson. "They don't get anything out of programs like this other than to thank a Soldier or an Airman for their service – show their support. We are fortunate to have such a supportive community."

He then addressed concerns regarding key issues ranging from BRAC to

housing issues, personnel assignments, and deployments.

The forum ended with more questions from the audience, many of which focused on civilian personnel. Colonel Johnson and Regina Joyner, Civilian Personnel Chief, addressed questions about priority placement, internal hires, general questions on the civilian personnel process and the possibility of retention bonuses.

Colonel Johnson and Ms. Joyner both agreed there are still many questions to be answered, and the colonel reminded the audience that the key to success with such an aggressive timeline is keeping communication lines open.

"We'll continue to be successful as an organization if we keep talking to each other. We take your questions seriously and we will get back to you with answers."

"I appreciate your attendance tonight," he said. "I want to thank you for your questions and thank you for your service."

Q & A on key issues

Q: Are permanent change of station orders frozen?
A: Assignments are being managed to ensure Pope's important missions continue. That means that some military assignments will continue until the reserves or the Army or a contract solution is in place. And, inbound assignments are being curtailed where it makes sense and where we know that certain positions will not require an Active Duty Air Force backfill.

Q: When will the reduction to deployments occur?
A: There is no set timeline but we have to make sure people have enough time after they return from a deployment to PCS.

Q: Reveille plays at 6:30 a.m. each morning; can we turn it off in housing?
A: Yes, we can and we will.

Q: Will security forces continue to patrol base housing post BRAC?
A: The military police will provide the future presence to patrol housing.

Q: Will the Information Tickets and Travel facility close on Pope?
A: Fort Bragg will be responsible for Base Operating Support and services. The Army is bringing in a team of experts to look at all services facilities to determine what facilities to keep open, what services and facilities to integrate, and what to close.

Q: Will civilians get priority placement for Fort Bragg positions?
A: Pope leadership requested that Fort Bragg consider Pope civilian applicants as internal hires, and the Garrison leadership agreed.

Q: When can civilians register for priority placement?
A: The Installation commander can open registration for Priority Placement Program within a year of a RIF and information will be released when decisions have been made on the exact timeline. The inter-service support agreements will determine this timeline. Much work on these draft ISSAs should be completed in September and October 2009 and then we will have a better idea if September 2010 is an accurate date for the completion of much of the property and service transfers as well as the inactivation of the wing and the activation of the airlift group. 3

Rock-N-Run

The Highlands Chapter of the American Red Cross is hosting the Run for the Red and Rock the Red Concert Aug. 22 in downtown Fayetteville.

This "hottest race in the South" offers a 10k and 5k race as well as a one-mile fun walk. The concert presents Edwin McCain and special

guests, The Embers and The Breakfast Club. Race participants must register by Aug. 18 at www.active.com.

For more information or to get tickets, call Jeanne Solomon at 867-8151 or send an e-mail to R4R@highlandsarc.org. or go to www.rocknrunfest.com)

Intramural Soccer Championship

The Intramural Soccer Championship is 6 p.m. Aug. 19 at the Pope soccer fields. At the game will be the DJ styling's of Staff Sgt. Brian Margavich and the Pope Honor Guard. For more information, call Tech. Sgt. Tanja Hawkins at 394-2671.

DUI tracker

DUI tracking is current as of Wednesday

Days since last DUI16
20099
DUIs for 200820
AADD Saves
This week6
This year194



For a free, anonymous ride home midnight to 6 a.m. Friday to Sunday, call Airmen Against Drunk Driving at 394-AADD.

Coining Pope's Finest:

Each week Col. James Johnson, 43rd Airlift Wing Commander, highlights an outstanding Airman



PHOTOS BY 2ND LT. CAMMIE QUINN

(Above) Col. James Johnson, 43rd Airlift Wing Commander, presents his Commander's Coin to Senior Airman Antonio Jones, 43rd Medical Operations Squadron, Tuesday for his selfless participation in the Drug Education for Youth program as well as his excellent job performance as a Medical Health Technician. (Left) Airman Jones demonstrates the Alcohol Drug Abuse Prevention and Treatment program to an Airman. ADAPT helps individuals with substance use problems to change their potentially damaging behaviors.

Col. James Johnson, 43rd Airlift Wing Commander, presents his Commander's Coin to Senior Airman Antonio Jones, 43rd Medical Operations Squadron, Tuesday for his exceptional performance beyond the call of duty.

Airman Jones is a Mental Health Technician with primary duties in the Alcohol and Drug Abuse Prevention and Treatment program. His daily tasks involve helping individuals with substance use

problems to change their potentially damaging behaviors and educating the base population in order to prevent problems from developing.

Airman Jones' excellent job performance has been highlighted by his selection as the Camp Director and Operations Manager of the 2009 Drug Education for Youth (DEFY) program. He was responsible for overseeing the selection and development of a staff of 27 volunteers and led all activities for a group of 35

pre-teens in a week-long residential camp setting.

Within the Mental Health Flight, Airman Jones demonstrates a genuine dedication to improving the lives of others and has recently completed more than 5,000 clinical hours — a significant milestone as he seeks to earn the title of Certified Alcohol and Drug Abuse Counselor. His excellent service has gained him recognition as the 43rd Medical Group Airman of the Quarter for April-June 2009. His numerous efforts

have also been recognized with the President's Volunteer Service Award.

Off duty, Airman Jones enjoys playing basketball, travelling in the local area and spending leisure time with his two sons, ages 2 and 4. Airman Jones is also an avid learner and will soon earn his bachelor's degree in psychology from Fayetteville State University. He plans to continue his education in graduate school, with the goal of becoming a licensed therapist.

Making Safe Choices Decreases Accidents

By Lt. Col. Mark Jernigan
Pope Chief of Safety

What is so hard about doing things safely? After a year as the Chief of Safety at Pope, I've run into many situations that make me scratch my head and ponder this question. After all, it takes only a few extra seconds to buckle up, put on the appropriate protective equipment, or slow down to the posted speed limit. Almost every week, my phone rings about an accident involving a safety-related incident. It seems that recently, incidents occur more than once or twice a week, and that certainly causes significant concern. My staff has investigated no less than eight on-duty vehicle accidents and nine personal injury incidents in the past few weeks. In almost every case, we found careless behavior, such as lack of attention to detail, as a primary factor.

We're now entering week 12 of the "101 Critical Days of Summer" safety campaign, and as of writing this article, 12 of our fellow Airmen have lost their lives due to safety-related accidents this summer. I recently reviewed statistics from the Air Force Safety Center that show we're certainly not inventing new ways to kill or injure



Lt. Col. Mark Jernigan

ourselves. Careless behavior is a common theme in many recent accidents. Since 2005, 81 Airmen have died in motorcycle accidents (60 of them while engaging in reckless behavior); 11 were not wearing helmets; and 66 of them were riding a sports bike. Taking a look at automobile fatalities, I found that 120 Airmen died behind the wheel in that same period. Eighty-three of them were engaging in reckless behavior, 42 were not wearing seat belts and 37 had been drinking.

I recently stopped one young man who was riding a sports bike on base without a required piece of gear. He knew he needed it but left it in his shop. As I talked to him, I discovered he had not

taken a required motorcycle training course. Despite having his bike for approximately two years, he had chosen to avoid taking a skills and safety course that could someday save his life. In two years, did he just not have the time to take the course? He should have wanted to take the class, not because it was required by regulation, but because his personal safety and maybe his life were at stake. One would think he had a vested interest in improving his ability to survive.

We have been very fortunate at Pope to avoid any fatal accidents so far this summer. At least three of our local incidents could easily have been fatal. My staff often observes

individuals on Pope who knowingly do not comply with safety requirements. Why is that? Is it just too hard to do? I believe it's not too difficult, and if we look at each task from a perspective that our personal safety and the safety of others depends on doing things the right way, we'll dramatically reduce the accident trend. We'll all do a better job and we'll be safer at it.

None of us are invincible! None of us know what lurks around the next bend in life. All we can really do is prepare to the best of our ability to meet the challenges that lie ahead. That starts with doing things the right way, simply because it's the right way to do things. Safety is all about individual attitude and actions. We can choose to take shortcuts and put ourselves at increased risk, or we can choose to use common sense, follow the guidelines and do things safely with reduced risk. I hope we all chose to do things the right way in our future endeavors. Many of us make the right choices on a daily basis, and my thanks to each of you for making safety a part of your job.

NOTE: *The Pope Safety Center is available to assist with safety needs and can be reached at 394-8389.*

Commander's Helpline

The Commander's Helpline is your direct link to Col. James C. Johnson, 43rd Airlift Wing Commander. If you have worked through normal channels and aren't satisfied, Helplines are an opportunity to ask questions, compliment someone or make suggestions. You must include a name and phone number for a response. Helplines of general interest will be published in the Carolina Flyer, others will be answered by letter or phone call.

Remember, the most efficient way to solve a problem is to talk directly to the responsible office or follow your chain of command. You can call the Commander's Helpline at 394-4357 or e-mail to commanders.helpline@pope.af.mil.



Helpful numbers

Emergency (Base Phone/home phone)	394-0911
Cell Phone	394-0911
Law Enforcement Desk	394-2800/2808
Helping Hand Hot line	394-2777
Crime Stop	394-4111
Pope Clinic.....	394-4258
Pass and Registration.....	394-2694
Security Force.....	394-2800
Legal Office.....	394-2341
Chapel.....	394-2677
Military Personnel Flight.....	394-2276
Pope Club, collocated.....	497-4031
TRICARE Customer Service.....	1-877-TRI-CARE
Civil Engineers.....	394-2821
Inspector General.....	394-2302
Family Support Center.....	394-2538
Child Development Center.....	394-4323
Kitty Hawk Inn Dining Facility.....	394-4377
Housing Management.....	394-4867
Bowling Center.....	394-2891
Fitness Center.....	394-2671
Finance (Military Pay).....	394-1410/1412
AAFES Shoppette.....	497-8181
Public Affairs.....	394-4183
Pope/Ft Bragg American Red Cross.....	396-1231/877-272-7337

Above and beyond



Congratulations to the following Airmen who earned high scores on their career development course examinations:

scored a 99 percent

Airman Joseph Murphy scored a 96 percent

Airman 1st Class Tremeka Sims scored a 91 percent

Airman 1st Class Joel Wattigny scored a 99 percent

43rd Communications Squadron
Airman 1st Class Timothy Data scored a 90 percent

3rd Aerial Port Squadron
Airman 1st Class Roxanne Lopez scored a 92 percent

43rd Logistics Readiness Squadron
Airman 1st Class Jacob Keenum scored a 92 percent

43rd Aerospace Medicine Squadron
Staff Sgt. Lindsey Merriman scored a 90 percent

Staff Sgt. Melissa Wall scored a 90 percent

43rd Civil Engineer Squadron
Senior Airman Patrick Savoy scored a 91 percent

Airman 1st Class Dajuanaya Brown scored a 90 percent

Airman 1st Class Stephen Gray scored a 95 percent

Airman Benjamin Judd

Road that makes champions



COURTESY PHOTO

Jay Cortez, shortstop, gets a solid hit down the first base line during the first championship game against Just Enough.

By Irvin Gourdine
Staff writer

Winning the Southern Softball Association of America State championship just wasn't enough for the Pope Softball team. Most recently, they took home the SSAA World Championship. With that, Team Pope was able to accomplish what has never been done before in SSAA's 25 years: win both the SSAA State and World Championships in the same year. The road to win the world was not as easy as it was to win the state. Pope dominated the opposition throughout the tournament at Cherry Point, N.C., winning all five games played. This past tournament in Peters Creek, N.C., was a lot tougher, finishing with a record of five and two.

In the first game of the tournament, Team Pope lost 22-21 against Bolling Air Force Base, D.C., despite Mike Johnson going four-for-four at bat with four home runs. The loss placed Pope in a lower bracket of the tournament.

Their second game against New River didn't start as well as they wanted. Pope trailed

most of the game but kept the score close. At the start of the game, New River scored six runs in the first inning. Pope came back to score four runs of their own. By the top of the seventh inning, they scored three runs to give them the one-run lead. As the home team, New River had one last chance to win the game in the bottom of the seventh. Pope's defense held New River scoreless, giving them the 18 to 17 victory. Jason Bender hit two home runs that game. Jay Cortez was four-for-five batting, Scott Adams and Greg Taylor both went four-for-four.

In game three, Pope proved reminiscent of the state tournament by dominating Fort Lee: the same team who defeated them in last year's tournament. That wasn't the case this time around. "We jumped right on them and the game was over after the third inning," said Joe Renteria, Pope's team coach.

Pope scored 10 runs in the first inning and their offense never let up the rest of the game. The final score was 18 to 2. Not only was Pope's hitting tremendous that game, but their defense held Fort

Lee to only two runs. Todd Petzel went two-for-two hitting with one home run. Both Bender and Adams were three-for-three, and Ben Mooring and Steve Bermudez were two-for-two.

The next day Pope moved back up to the winner's bracket. Their first game was against the Blue Falcons of Camp Lejeune. This was another back and forth game until the sixth inning when Pope pulled away. Going into the sixth inning, the score was 15 to 14. They scored 10 runs in the sixth and seventh innings, winning the game with a final score of 25 to 14. Cortez was five-for-six batting, Petzel was three-for-five, Mooring was three-for-four, and Jude Landry and Bender both went four-for-five. Johnson also added two home runs that game.

The second game of day two was against the tournament favorites: Just Enough, an Army team from Fort Bragg. Like the last game of day one, Pope dominated their opponents. Petzel had the big bat that game going four-for-four with three home runs. Cortez also went four-for-four at bat; Bender, Moor-

ing and Randy Newby all went three-for-four. This win put Pope in the driver's seat and the championship game.

A well-rested Team Pope found themselves in the finals against the same team they had just defeated, Just Enough. The tables seemed to turn in the first game of the finals as the Army team from Fort Bragg jumped on Pope from the start and never let up. Just Enough gave Pope a little payback, beating them 19 to 8 and forcing a second game in the finals.

"We were well rested waiting for everybody to come through the losers' bracket, so fatigue wasn't the problem," said Mr. Renteria. "We just didn't have our sticks that game. So we regrouped and came out strong for the next game."

The second finals game was close. "It seemed like we could never pull away from them," said Bender. "It felt like we were up by 20, but we were only up by five and eventually they tied us."

By the fifth inning, Just Enough tied Team Pope at 19 and took the lead in the sixth inning. With only one out, Pope had a chance to win in

the seventh inning with the bases loaded and Bender at bat. Unfortunately, home runs are limited in slow-pitch softball, and after a team hits the total amount allowed, any home run after is considered an out. That's exactly what happened when Bender slapped one over, ending a chance to win the game. The game was tied into the eighth inning and both teams held the other scoreless, forcing a ninth inning.

With one out, a Just Enough batter slapped one to the fence bringing in a runner and giving them the run advantage. They tried to go up two runs, but Steve Wall, outfielder, relayed the ball from the fence to Petzel, pitcher, who threw the ball to home plate, where Bender, catcher, tagged the runner for the second out. Going into the bottom of the ninth inning, Pope was down one run. Bryan Fooshee led the ninth with a hit; Cortez followed with a hit up the middle; Petzel was then walked, loading the bases for Bender once again. Hoping he wouldn't hit another one over the fence to force an out, Bender smashed a line drive

down the first base line, bringing in two runs to capture the SSAA World Championship.

Six players were named to the All World Tournament team: Jay Cortez, Scott Adams, Jason Bender, Jude Landry, Todd Petzel and Joe Renteria. Joe Renteria was awarded SSAA coach of the year and Todd Petzel was named the tournament MVP. Other outstanding players of Team Pope Softball are Mike Johnson, Ben Mooring, Steve Bermudez, Bill Dorofy, Randy Newby, Greg Taylor, Dave Heilman and Bryan Fooshee.

"Softball is a team sport, no game is won or lost by one play," said Petzel. "It's an accumulation of 11 ball players giving it 110 percent throughout the game by doing the right thing all the time and doing the extra things. You can't give a team four or five outs an inning and expect to win, so you have to minimize your mistakes."

Next up for Team Pope is the USSSA Military World Series Aug. 14 at Panama City, Fla., where they finished in second place last year. Pope may just bring a third title of the year back home.

Hurricane

From Page 1

homework, prepared, practiced and trained their family members for what should happen when a disaster hits. Here are the basic components of a comprehensive plan:

- ☐ Discuss the types of hazards that could affect your family. Know the vulnerability of storm surge, flooding and wind.
- ☐ Locate a safe room or the safest areas in your home from floodwaters and wind, especially tornadoes. If the home is not the safest place to be, identify shelters, either on base or in the community to evacuate to.
- ☐ Determine the escape routes in your home and neighborhood as well as primary and alternate places to meet if separated during an evacuation. If leaving by vehicle, measure in tens of miles, not hundreds of miles.
- ☐ Have an out-of-state friend or family as a contact, so everyone in the family can have the same contact.
- ☐ Make a plan for your pets. Many shelters do not allow pets, so you need to have a place to go that accepts pets. Leaving them home or letting them run wild is not the answer.
- ☐ Post emergency numbers by the phone and teach your children to dial 911 to report their location.
- ☐ Make sure to review your homeowners or renters

insurance for coverage. Flood damage is not usually covered by homeowners insurance.

Build a disaster supply kit with the following items:

- ☐ Water - one gallon of water daily per person for three to seven days
- ☐ Food - enough for three to seven days, including non-perishable packaged or canned food, juices, foods for infants and the elderly, snack foods, non-electric can opener, cooking tools, fuel, paper plates and plastic utensils
- ☐ Blankets / pillows, etc.
- ☐ Clothing - seasonal
- ☐ First Aid kit / medicines / prescription drugs
- ☐ Toiletries / hygiene items / moisture wipes
- ☐ Flashlight / batteries
- ☐ Battery-operated radio
- ☐ Telephones - Fully - charged cell phone with extra battery and a traditional (not cordless) telephone.
- ☐ Cash (with some small bills) and credit cards- banks and ATMs may not be available for extended periods
- ☐ Keys
- ☐ Toys, books and games
- ☐ Important documents - in a waterproof container or watertight plastic bag
- ☐ Tools - keep a set with you during the storm
- ☐ Vehicle fuel tanks filled
- ☐ Pet care items
- ☒ Use a National Oceanic Atmosphere Administration weather radio. They run on batteries, so keep extra batteries on

- hand.
- ☒ Enroll your family in First Aid, CPR or disaster preparedness classes

According to the NOAA, knowing what to do in the wake of a severe storm or disaster may be just as important as taking proper actions ahead of the storm. A study of injuries after a tornado in Marion, Ill., showed that 50 percent of the tornado-related injuries were suffered during rescue attempts, cleanup and other post-tornado activities. Nearly a third of the injuries resulted from stepping on nails. Any storm that damages power lines, gas lines, or electrical systems, poses risks like fire, electrocution or explosions.

- ☐ Be aware of hazards from exposed nails and broken glass.
- ☐ Do not touch downed power lines or objects in contact with downed lines. Report electrical hazards to the police and the utility company.
- ☐ If it is dark when you are inspecting your home, use a flashlight rather than a candle or torch to avoid the risk of fire or explosion in a damaged home.
- ☐ If you see frayed wiring or sparks, or if there is an odor of something burning, immediately shut off the electrical system at the main circuit breaker.
- ☐ If you smell gas or suspect a leak, turn off the main gas valve, open all windows and leave the house immediately. Notify the gas company, the police or fire departments or State Fire Marshal's office, and do not turn on the lights, light matches, smoke or do anything that could cause a spark. Do not return to your house until instructed.

Pope talks By 2nd Lt. Cammie Quinn
Editor

If you were wing commander for a day, what would you change?



“The waist measurement portion of the PT test”

Staff Sgt. Christopher Drew
43rd Airlift Wing



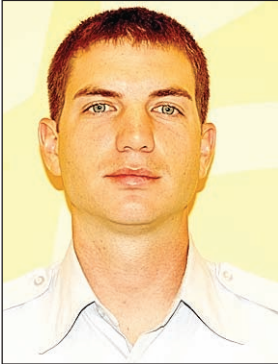
“I’d look into the effects of opening the Armistead gate for exit-only traffic to ease congestion during lunch and at the end of the day.”

Tech. Sgt. Jems Smith
43rd Force Support Squadron



“Extended hours for the programs at the gym”

Stephanie Presley
18th Air Support Operations Group



“More weekend activities for the enlisted Airmen.”

Senior Airman Derrick Walker
43rd Operations Support Squadron

Pope offers program to help ease stress of military life

By Airman 1st Class Mindy Bloem
Staff writer

Gone are the days of feeling embarrassed about seeing a counselor to help you cope with certain life issues. Pope members can now enjoy a program that keeps anonymity and privacy paramount.

In response to the stress that deployments often have on military members and their families, The Department of Defense has established The Military and Family Life Consultant program. The program provides non-medical counselors to discuss issues that are troubling an individual.

A military member, spouse or child who would like to discuss a particular problem with one of these counselors can do so without fear of penalty.

“The only time MFLCs are required to report on anything is in regards to a duty-to-warn situation — such as child

abuse or domestic violence,” said Joyce Young, a consultant for the program.

Currently, there are three MFLCs on Pope. Two of the consultants deal with children’s issues, while one deals with adult issues.

The program is completely confidential and all sessions are not recorded. In fact, individuals who want to see a practitioner do not have to meet at a specified location but can meet at an on- or off-base location if they wish, said Wayne Hill, Airman and Family Readiness Center Chief.

All of the program consultants are masters or Ph.D.-level licensed clinical counselors, and many even have private practices when not participating in this government-operated program.

“It gives us the chance to serve and do our part in helping the military who is doing so much for us,” Ms. Young said. “I feel as if I am doing my

part — doing something that is very much needed. It helps the services, helps the country, and most of all, it helps the troops.”

Another benefit of the program is the timely turnover. Every 45 to 60 days, the MFLCs rotate out. They switch places with other practitioners who are at other service locations. The program is so widespread now that almost every Air Force base has it, including overseas locations.

Part of the reason for the turnover is a person who opts to share delicate details about their life does not have to feel awkward about seeing the counselor around base. Another reason is if a person doesn’t feel helped by one particular practitioner, there is a better likelihood they will feel helped by the next one.

The practitioners don’t report any names of the individuals they see. The information they record is simply

broad category statistics, such as how many couples were seen, how many children, how many individuals, etc.

Mr. Hill said military spouses and children can also take advantage of the program.

“Mental health on base is for active duty only, but this program allows for spouses and children to make appointments too,” he said. “The program bridges the gap between the military and the spouse.”

Since the program is free and offers people a private means to get the help they need, there is no reason why people should not take advantage of it, Mr. Hill said.

“What jumps out at you is that they’re helping people,” he added. “And when someone is in distress and they go to talk to a counselor, they are taking strides to make things better.”

To schedule a free and anonymous meeting with a counselor, call 987-4115.

Blood Drive

(Left) Spc. Marc Sorensen, Womack Army Medical Center, works with Senior Master Sgt. Troy Christman (right), 43rd Medical Operations Squadron, who donated blood Tuesday in the Pope Club Ballroom during the blood drive. About 50 pints of blood were collected, and all of the blood collected goes to the area of responsibility. For more information about the next blood drive, call 394-1300/1672.



PHOTO BY RHONDA GRIFFIN

News

Editor's note: To maintain the newsworthiness and timeliness of the Carolina Flyer, briefs will run for a maximum of four weeks or until the event occurs, whichever comes first. If there's a need to extend the publication of the brief, call the editor at 394-1723.



■ **Operation Holiday Cheer:** Operation Holiday Cheer is sending holiday packages to 15,000 Pope Airmen and Fort Bragg Soldiers who are deployed overseas during December 2009. Individuals or family members can register the deployed member to receive a gift through the Fayetteville Cares Web site at www.fayetteville-cares.org. Boxes will be packed by community volunteers and mailed the week of Nov. 9.

■ **ALS Graduation:** Airman Leadership School's Class 09-F graduates with a banquet at the Pope Club Aug. 28 at 6 p.m. Individuals who received an invitation from a student should RSVP directly to that student by leaving a message at 394-4366. Individuals who received an invitation from the ALS staff should RSVP to the staff at 394-4417. Respond only if planning to attend. Due to the expected number of personnel wishing to attend and the limited number of seats available, RSVPs will not be accepted after Aug. 19. Military uniform is semi-formal or mess dress, and civilian attire is "after six" evening wear. For more information, call 394-4374/4370.

■ **Elementary enrollment:** Individuals who have

moved into base housing and have school age children should make Pope Elementary School one of their first stops.

Eligible students must be the following age by Sept. 1 in order to attend the school: 4 years old for pre-school; 5 years old for kindergarten; and 6 years old for first grade. The following items to are necessary for enrollment: birth certificate, immunization record, sponsor's orders and housing lease agreement. For more information, call the school at 907-0209.

■ **Air Force Ball:** Pope is hosting a ball Sept. 19 to celebrate the Air Force's 62nd year of existence with the theme: "Celebrating the Past and Serving the Future." The evening will feature the entertaining vocals of Fort Bragg's 82nd Airborne Chorus. Dress code for the event will be mess dress uniform or semi-formal dress. Everyone on base has the opportunity to attend. Volunteers are also needed to assist with ticket sales, event set up, tear down and more. Auditions will also be held for a master of ceremonies (or two if the individuals can entertain with awesome banter) and a National Anthem singer. For more information, call Capt. Laquanis Hooker at 394-1933/2123 or send an e-mail to Laquanis.hooker@pope.af.mil. Remember to save the date.

■ **Bowling Leagues:** Pope is starting intramural bowling leagues in September. The league is scheduled to begin Sept. 15 and will be held every Tuesday at 5:30 p.m. A unit team consists of four bowlers and allows additional members on the team's roster. A unit may also have more than one team. The

weekly bowling cost is \$6 per bowler plus the amount agreed on by the members for a prize fund. For more information, call the Bowling Center at 394-2891.

■ **The Pope Olympics:** The Pope Olympics is held Sept. 17 from 6:30 a.m. to 4:30 p.m., beginning with the Torch Run. All personnel interested in participating must complete an entry form and return it to the Fitness Center or send it back via e-mail by Sept. 1. Individuals who are interested in volunteering should call the Pope Fitness Center at 394-2671.

■ **CGOC Golf Tournament:** The Pope Company Grade Officer's Club is hosting an "End of Summer" Golf Tournament for all Pope Airmen and their guests Aug. 14 at Carolina Lakes with a shotgun start at noon. Participants are asked to arrive by 11 a.m. It is a four-person captain's choice format. The price is \$30 per person, which includes golf, cart and grab bag. There are prizes for best team score, closest to the pin, longest drive and much more. Individuals can sign up for the event through the following link: <https://eim.amc.af.mil/org/43aw/po/CGOC/Lists/CGOC%20Golf%20Tournament/AllIt> For more information, call Capt. Steve Bergstrom at 424-6294.

■ **Street Closure:** A portion of Sonic Street is closed to traffic until Aug. 17 for construction work associated with the base theater. The parking area and sidewalk on the southeast side of the base theater along Sonic Street are also unavailable during this time. The affected area is barricaded with construction fencing. For more information, call the 43rd

Civil Engineering Squadron at 394-4071.

■ **Transition Assistance Workshop:** The Airman and Family Readiness Center is offering a three-day workshop Monday through Wednesday from 8 a.m. to 4 p.m. It's designed to assist those transitioning out of the military with how to apply their skills in the civilian sector. Topics include skills assessment, career planning, job search techniques, resume preparation, interview techniques and applying for VA benefits. This workshop is a joint effort between the DoD, Department of Labor and the Department of Veteran's Affairs. This free workshop is recommended at least 180 days prior to leaving the military. Individuals must attend the mandatory 90-minute, pre-separation briefing prior to registering for this workshop. To register, call the A&FRC at 394-2538.

■ **Hearts Apart Luncheon:** If your Air Force spouse is deployed, on a temporary or remote assignment, attend this month's Hearts Apart luncheon at the Golden Corral on Skibo Road Aug. 14 from 11:30 a.m. to 12:30 p.m. Childcare funds are available. For reservations, call the A&FRC at 394-2538.

■ **Sponsorship Training:** Have you been assigned as a sponsor for personnel coming to Pope? Plan to attend the Sponsorship Training Aug. 18 from 9 to 10 a.m. This class provides individuals with the resources to effectively assist those arriving at Pope. Registration is required. To reserve a seat, call 394-2538.

■ **Key Spouses:** It's time again for the Pope Key Spouses to get together Aug. 25 from 6 p.m. to 7:30 p.m. at the Airman and Family Readiness

Center. Food and beverages will be provided. The Child Development Center is providing free childcare. To sign your children up, call Sandra Morrisey at 394-4323 by Aug. 18. RSVP for the meeting by calling the A&FRC at 394-2538.

■ **Heart Link:** Are you a spouse of an active duty Air Force member? If so, join us Aug. 27 from 8 a.m. to 12:30 p.m. for a day of interactive games, prizes and free lunch. Learn about Pope's mission, services and programs. Limited childcare funds may be available. Reservations are required by Aug. 24. To register, call the A&FRC at 394-2538.

■ **Hockey Season:** Fort Bragg Family and Morale, Welfare and Recreation is taking registration for the upcoming hockey leagues beginning Aug. 18. A skills assessment will be held Sept. 26. Practice begins the week of Oct. 5 with the season concluding Feb. 27. All games will be played at Cleland Ice Rink on Fort Bragg. This youth league is open to military and civilian youth ages 5 to 14 years. The league is \$275 for military and Department of Defense identification cardholders and \$325 for non-identification cardholding civilians. This league does qualify as a free option under the Army Family Covenant for those who are eligible. Early registration is recommended due to limited spaces. For more information, call 396-5127.

■ **Operation Rising Star:** The singing competition Operation Rising Star returns to Fort Bragg Aug. 13 at Sports USA. Sign up now to compete in this military singing competition. Contestants perform in front of a panel of judges and a live

audience with weekly eliminations determining Fort Bragg's Rising Star. The winner receives \$500, and the opportunity to compete at the national Operation Rising Star competition. The competition is open to active duty, National Guard, Reserves and their families ages 18 and over. Registration is required to participate. For more information, call 394-2538.



Conrad Carlson, 43rd Civil Engineer Squadron, won the weekly \$100 cash prize for the week of Aug. 10. Be sure to play Match-Up for a chance to win cash and prizes.

Play **9999-2009-999** with another **Match Up** game piece for a free chance to win.

Pope is one competitor out of 11 Air Mobility Command bases. Base goals are established based on average participation in past ATWIND programs, and goals are specific to each installation.

Register your Match Up game pieces and help Pope win the AMC Match Up race. You could win up to \$10,000. Get game pieces from squadron first sergeants or any 43rd Force Support Squadron facility. Remember to register your family members also, because Pope wins by total number of registered players.

For more details, go to www.amcmatchup.com

Around the Air Force



Around the Air Force
You can submit your photo to the Carolina Flyer at carolina.flyer@pope.af.mil or by calling 394-4185.



PHOTOS BY TECH SGT. TONY TOLLEY

Unchaining the sweeper

Staff Sgt. Robert Yazinka, 386th Expeditionary Logistics Readiness Squadron vehicle operator/dispatcher, unchains an airfield sweeper from a 35 ton low-boy trailer at an undisclosed location in Southwest Asia July 28. Sergeant Yazinka is deployed from Pope and hails from Wakefield, Mass.



Checking the Connection

Staff Sgt. Tiffany Jennings, 386th Expeditionary Logistics Readiness Squadron vehicle operator/dispatcher, checks the tension on a roll-back wrecker wench cable before towing a 15-passenger van at an undisclosed location in Southwest Asia July 28. Sergeant Jennings is deployed from Pope and hails from Lancaster, Ky.



Going over another contract

Airman 1st Class Amber Thornburg, 386th Expeditionary Contracting Squadron contingency contracting officer, reviews high visibility dormitory wireless internet installation services at an undisclosed location in Southwest Asia July 28. Airman Thornburg is deployed from Pope and hails from Pittsburgh, Pa.



Moving Cargo at the 386th Expeditionary Logistics Readiness Squadron

Senior Airman Quentin Irvin, 386th Expeditionary Logistics Readiness Squadron vehicle operator, operates a 10K all terrain forklift while lifting an ISU 90 conex shipping container at an undisclosed location in Southwest Asia July 28. Airman Irvin is deployed from Pope and hails from Pelham, Ga.



Planning the next mission

Master Sgt. Denise Knoll, (left), 386th Expeditionary Security Forces Squadron NCO In-Charge of the patrol section, goes over mission planning with Capt. Michael Ouellette, 386th ESFS wing intelligence officer, at an undisclosed location in Southwest Asia July 29. Sergeant Knoll is deployed from Pope and hails from Wellsville, N.Y.



Keeping the 386th AEW secure

Staff Sgt. John McCaskey, 386th Expeditionary Security Forces Squadron controller, checks the identity of a caller looking for access into the base defense operations center at an undisclosed location in Southwest Asia July 29. Sergeant McCaskey is deployed from Pope and hails from New Waterford, Ohio.

Air Force aeromedical evacuation teams give British soldier a fighting chance

By Capt. Justin Brockhoff
618th Tanker Airlift Control
Center Public Affairs

Three Air Force aircraft, along with multiple aircrew, aeromedical evacuation teams and agencies from around the world, gave a British Soldier a fighting chance at life last week, after the troop sustained multiple gunshot wounds and had his blood supply replaced more than 10 times at a military hospital in Afghanistan.

According to officials, the Soldier sustained multiple wounds to the abdomen and chest, and was transfused with 75 units of blood and another 75 units of platelets.

Emergency surgery was conducted to repair the Soldier's liver and lung.

After being stabilized by the medical teams on the ground, the patient's respiratory condition worsened and doctors determined that the patient had to be moved to upgraded care in Germany.

Officials at the Combined Air and Space Operations Center and Joint Patient Movement Requirements Center at Al Udeid Air Base in Southwest Asia, and the Global Patient Movements Requirement Center and 618th Tanker Airlift Control Center at Scott Air Force Base, Ill., immediately started working to find the aircraft, aircrews and medical crews to airlift the soldier to further care.

"We received the call on our operations floor to airlift the British Soldier from

Afghanistan to Germany and immediately did what we could to make it happen," said Col. John Martins, the 618th TACC Director of Operations who led coordination efforts for the mission. "It was a complex move. Not only did we have to find a plane and crew to fly the patient out of theater, but we also had to find another plane and aircrew to get the right medical personnel and equipment into Afghanistan because we needed specialized medical teams to care for the patient in-flight."

In less than six hours a C-17 Globemaster III, previously scheduled to fly a cargo mission, was airborne with the required medical personnel and equipment from Ramstein Air Base, Germany, to Afghanistan.

"We were able to quickly identify a mission that was planned to fly into Afghanistan, and after coordinating with other agencies in the 618th TACC we were able to re-task the mission as an aeromedical evacuation flight," said Maj. Kris Rowe, aeromedical flight manager. "At the same time, we needed a pulmonologist to be part of the AE team due to the trauma to the soldier's lungs. Working with our counterparts at the CAOC, we were able to get the pulmonologist from a different location in Afghanistan to the soldier's location on a pre-scheduled C-130 mission."

The pulmonologist arrived to the soldier's location and continued to

care for him on the ground, while the C-17 carrying the medical teams and specialized lung equipment were still en-route on the eight hour flight from Germany.

Because of crew duty day restrictions, safety regulations that dictate how long an aircrew can be on-duty before they're required to rest, the original C-17 aircrew couldn't stay the six hours it would take the lung team to prepare the soldier on the ground, and still fly the mission back to Germany.

Instead, once they arrived, the C-17 and its crew were able to wait on the ground for just over an hour while nine other patients, in addition to two amputees previously picked up during a fuel stop, were on-loaded for a flight to Landstuhl Regional Medical Center, near Ramstein AB.

Once they had dropped off the medical crews and equipment to stabilize the British Soldier, and its 11 new patients were prepped for flight, the first C-17 took off back for Germany. Its mission was complete.

Enter the second C-17 and aircrew, assigned to the 385th Air Expeditionary Group, who were also previously scheduled to fly a cargo mission in Afghanistan. Officials at the 618th TACC delivered a similar notification that they'd been re-tasked to be involved in the life-saving effort.

"The patient was loaded on the second C-17 and airborne within 22 hours of receiving the call for sup-



PHOTO BY SENIOR AIRMAN CLAY LANCASTER

A U.S. Air Force C-17 Globemaster III, like the one pictured here, aeromedically evacuated a British soldier from Afghanistan to Landstuhl Regional Medical Center, Germany, last week. Before the soldier could be evacuated, an additional C-17 and a C-130 Hercules were needed to airlift specialized medical teams and equipment into place.

port at the 618th TACC," added Master Sgt. Keyser Voigt, an aeromedical evacuation mission controller at the 618th TACC. "When you look at the requirements we had, its awe inspiring to see how many people will come together to save one life. It took two airplanes to get the medical team and equipment in place, another to fly the patient to Germany, three aircrews, four sorties, AE personnel and many more coordinating on the ground to get this done. Including the fact that we had to fly in specialized teams and equipment from eight-plus hours away and it took a minimum of six

hours on the ground to prepare the patient using that specialized equipment, everyone involved did absolutely everything we could to give this soldier the care he deserves."

At approximately 1 p.m. local time on Sunday, the British Soldier landed safely at Ramstein AB and was flown to further medical care at a university hospital by helicopter.

"It's a true testament to the aircrews, the medical crews and the ground personnel around the world and at the airfield that we could get this Soldier out of Afghanistan so fast," said Lt. Col. Duncan Smith, Chief of the 618th TACC's

Aeromedical Evacuation Division. "It is truly amazing to see this coordination take place in such a short amount of time, because we're literally coordinating these moves from a world away. We are in the business of saving lives, and we will do everything we can to reach that goal."

As of press time, the Soldier was still at the university hospital in Germany, where he was listed in critical condition.

This movement marked the 8,563 patient movement by U.S. Air Force aeromedical evacuation teams in 2009, and the 135,233 since April 1, 2003.

War hero brought home, laid to rest after 40 years MIA

By Senior Airman Kenny Holston
509th Bomb Wing Public Affairs

As three rifle vollies rang throughout Chapel Hill Memorial Cemetery July 27, the sounds meant a Vietnam War veteran who had been missing in action for more than 40 years was finally home to rest.

Active-duty members, retirees and their families gathered at Chief Master Sgt. Quincy Adam's final resting place to pay their respects. Among them was Staff Sgt. Adam Blankenship, cousin of Chief Adam.

"It's been a long road for our family waiting for this type of closure," said Sergeant Blankenship, assigned to the 436th Security Forces Squadron at Dover Air Force Base, Del. "I received the news while deployed to Afghanistan, and it really redefined the pride that I have in serving our country."

In keeping with tradition, the Whiteman AFB honor

guard gathered its entire fleet to ensure a proper and honorable military funeral was carried out for the late Chief Adam and his family.

"Today is a good day," said Tech. Sgt. Dave Giberson, Whiteman AFB honor guard NCO in charge. "One of our own has been brought home; we've practiced long and hard for this day, so let's go out there and do what we do best."

As the funeral commenced and respects were paid, a Vietnam-era C-130 Hercules flyover was performed by an aircrew from the 62nd Airlift Squadron at Little Rock AFB, Ark. However, in homage to Chief Adam and his tie to the 41st Tactical Airlift Squadron, all of the crewmembers were former members of the 41st AS and volunteered for the opportunity to honor Chief Adam.

After the rifle vollies had been fired, Master Sgt. Gregory Giles of the honor guard detail presented Kenneth Adam, father of Chief Adam, with a

folded American flag on behalf of the United States for all his son sacrificed for his country.

"The feeling of handing over that folded flag was like nothing I've experienced in my 21 years of performing in the honor guard," Sergeant Giles said. "The fact that his son passed away before him while serving his country made my feelings that much more overwhelming. I was honored to perform such a service to say the least, and proud to have been a part of a very important funeral."

Chief Adam served in the Air Force during the Vietnam War as a C-130 loadmaster. Growing up, Chief Adam wanted nothing more than to fly, so joining the Air Force was only natural for him.

As the United States moved forward with efforts in Vietnam, Chief Adam and the rest of his crew got the call letting them know they were needed in Asia. Without hesi-

tation, they set off to war in their C-130, call sign "Blind Bat 01."

Chief Adam and his crew carried out a regularly scheduled night flare drop mission over eastern Laos, adjacent to the northern most provinces of South Vietnam near the infamous Ho Chi Minh Trail. The trail, a crucial target for U.S. forces, was used by the Communists to transport weapons, supplies and troops from North Vietnam into South Vietnam.

As Chief Adam and his crew continued their routine mission, orbiting the target area, "Blind Bat 01" made its last radio contact with the airborne mission command and control center at 8:30 p.m., May 22, 1968. At 9:15 p.m., however, "Blind Bat 01" could not be reached and another C-130, "Blind Bat 02," was dispatched to search for the missing aircraft.

While searching, the air-



PHOTO BY SENIOR AIRMAN KENNY HOLSTON

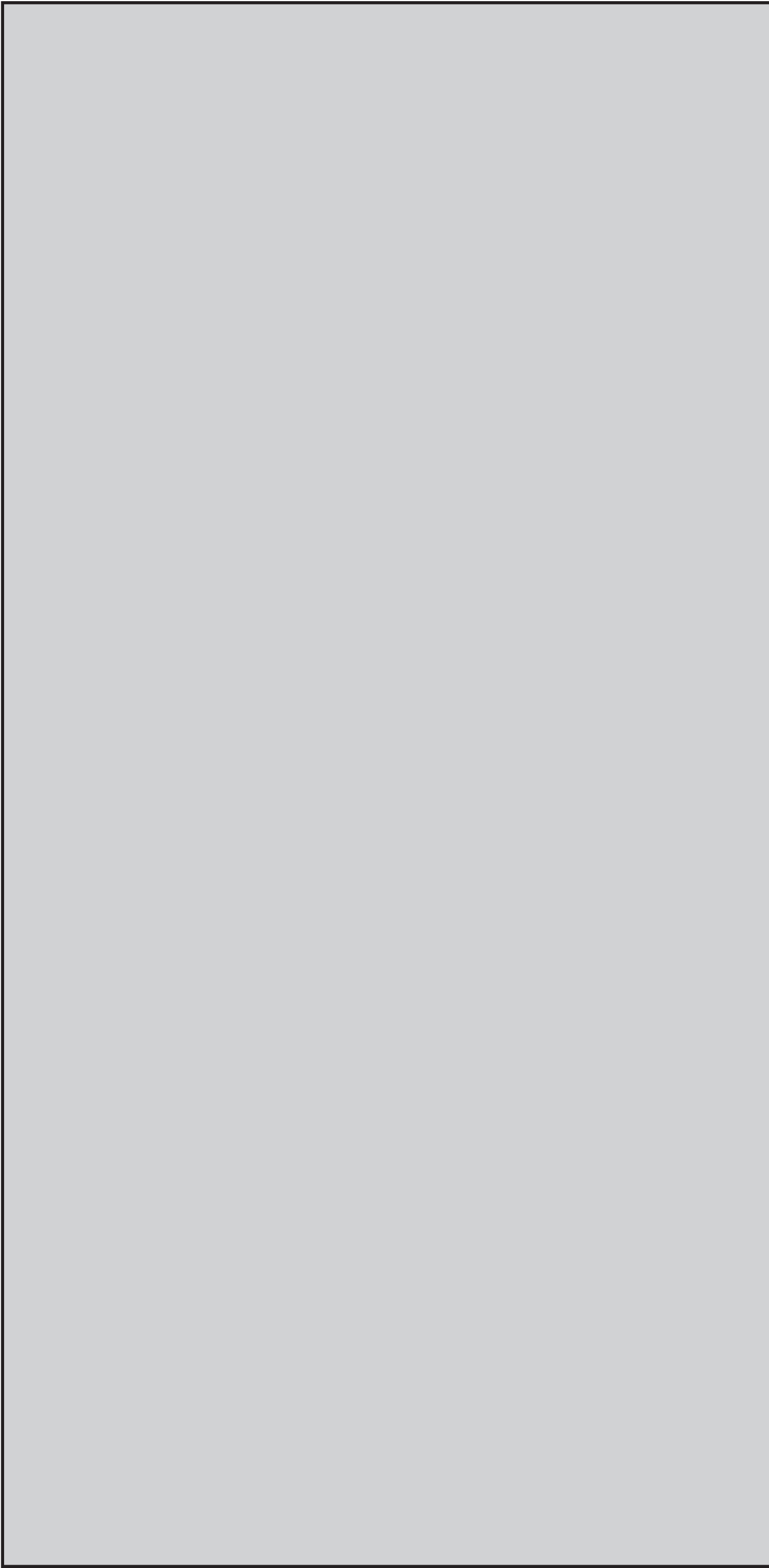
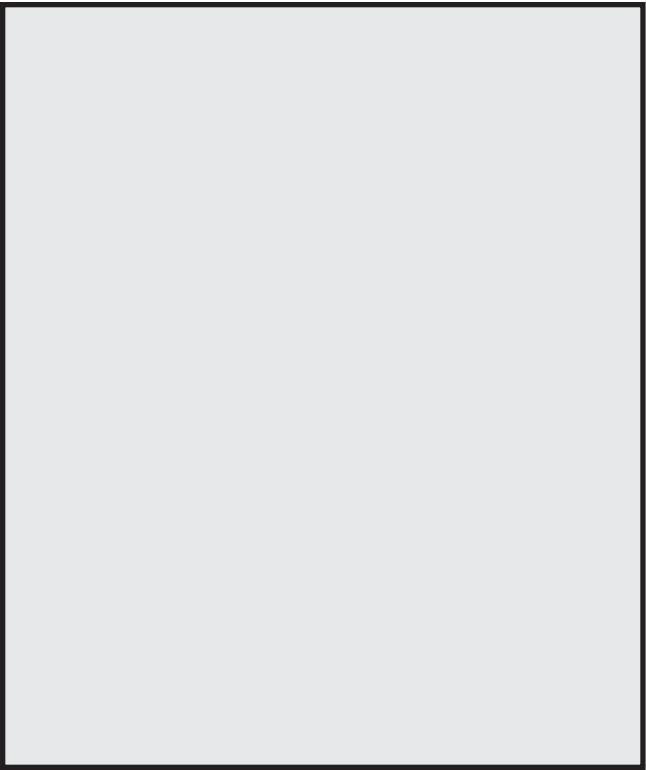
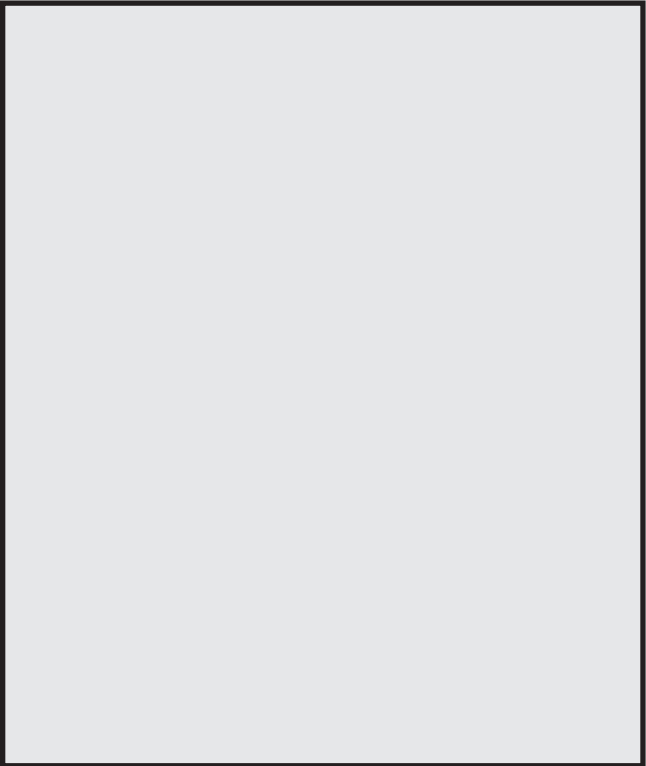
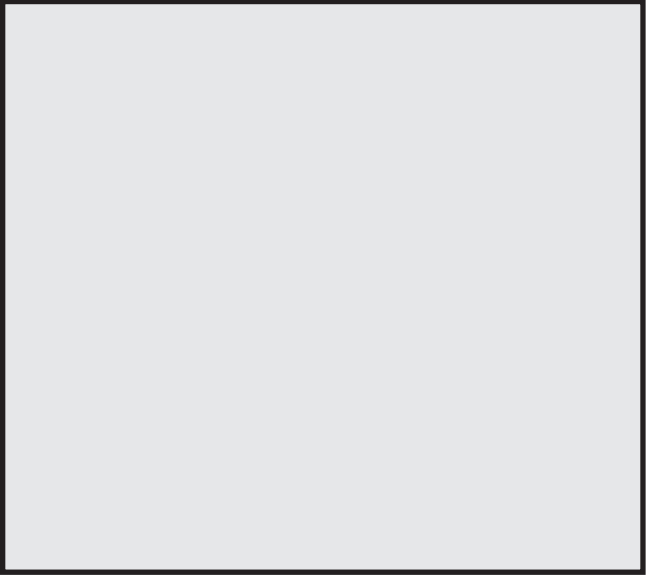
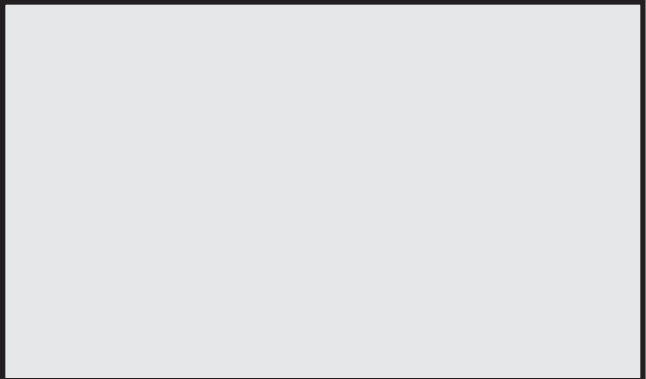
Airmen from the Whiteman Air Force Base honor guard fold a flag July 27 to honor Chief Master Sgt. Quincy Adam at Chapel Hill Memorial Cemetery. Chief Adam is a Vietnam War veteran who was missing in action for more than 40 years. Chief Adam's remains were discovered in Southeast Asia, and he was finally brought home to be laid to rest, giving his family closure in their lives.

crew of "Blind Bat 02" saw a large fire on the battlefield below. This was later deemed to be the wreckage of "Blind Bat 01." The entire crew was listed as MIA.

After 40 years, Chief Adam's remains were discovered in Southeast Asia and he was brought home to Kansas

City, Kan., to rest.

"It's such a relief to finally have this closure," said Kenneth Adam. "I've waited and prayed for this moment to come every day for the past 30 years, and now that it's finally here I can rejoice and rest easy knowing that my son is home."



CAROLINA FLYER MARKETPLACE

Aug. 7, 2009

www.pope.af.mil

POPE SERVICES

Kitty Hawk Inn

☐ 394-4377
UTA weekend Saturday and Sunday:
Breakfast: 6 to 8 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Monday - Friday
Breakfast: 5:30 to 7 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Weekends, Holidays and downdays
Brunch: 7 a.m. to noon
Supper: 4 to 6 p.m.

Habaneros' Mexican Grill

☐ 394-4580
Breakfast

Monday - Friday: 7:30 to 10:30 a.m.

Lunch

Daily: 10:30 a.m. to 2 p.m.

Information, Tickets and Travel

☐ 394-4478 or 394-5462
Monday - Friday: 10 a.m. to 5 p.m.

Library

☐ 394-2195

Monday - Thursday: 9:30 a.m. to 8 p.m.

Friday: 9:30 a.m. to 7 p.m.

Story time

Friday: "Get Ready for Kindergarten" 4 p.m.

Tuesday: "Family Vacations"

Saturday: 10 a.m. to 5:30 p.m.

Wood Shop

☐ 394-5049

Tuesday - Thursday: 1 p.m. to 8 p.m.

Friday and Saturday: 9 a.m. to 5 p.m.

School Age Programs

☐ 394-2869

Monday - Friday: 6 a.m. to 5:30 p.m.

Auto Hobby Shop

☐ 394-2263

Tuesday - Thursday: 11 a.m. to 8 p.m.

Friday and Saturday: 9 a.m. to 5 p.m.

Community Center

☐ 394-2779

Closed for renovation

Bowling Center

☐ 394-2891

Monday - Thursday: 11 a.m. to 9 p.m.

Friday: 11 a.m. to 1 a.m.

Saturday: 11 a.m. to 12 a.m.

Sunday: 11 a.m. to 7 p.m.

Willow Lakes Golf Course

☐ 394-GOLF

Wednesday - Friday: 9 a.m. to 3 p.m.

Saturday and Sunday: 9 a.m. to 5 p.m.

Fitness Center

☐ 394-2671

Monday - Friday: 5 a.m. to 11 p.m.

Saturday and Sunday: 7 a.m. to 6 p.m.

Holidays and family days: 7 a.m. to 3 p.m.

Frame and Design Arts

☐ 394-4192

Monday and Tuesday: 10 a.m. to 5 p.m.

Wednesday and Thursday: 10 a.m. to 7 p.m.

Friday: 10 a.m. to 5 p.m.

Saturday, Sunday and Holidays: Closed

Butler's Barber Shop

☐ 394-4387

Monday - Friday: 9 a.m. to 5 p.m.

Mack's Barber Shop

☐ 436-7718

Monday - Friday: 9 a.m. to 5 p.m.

Equipment Rental

☐ 394-4730

Monday/Wednesday Friday: 9 a.m. to 5 p.m.

Child Development Center

☐ 394-4323/2724

Monday - Friday: 6:30 a.m. to 5:30 p.m.

Pope chapel

315 Ethridge Street

☐ 394-2677

Religious services

For bible studies call the chapel

Traditional service:

Sunday, 8 a.m. except second Sundays

Contemporary service: Sunday, 11:30 a.m.

Protestant Combined Worship: 11:30 a.m. the second Sunday of each month with potluck following services

Sunday school (all ages): Closed for summer and will resume Aug. 30

Catholic services: Sunday at 9:30 a.m. and 5 p.m.

Daily mass: Monday through Thursday, 11:30 a.m.

Reconciliation: Sunday from 9:00 to 9:15 a.m., 4:30 to 4:45 p.m. or by appointment.

Choir rehearsal: Monday at 7 p.m.

RCIA: Contact 394-1856

CCD: Closed for summer and will resume Aug. 30

Services offered at Fort Bragg

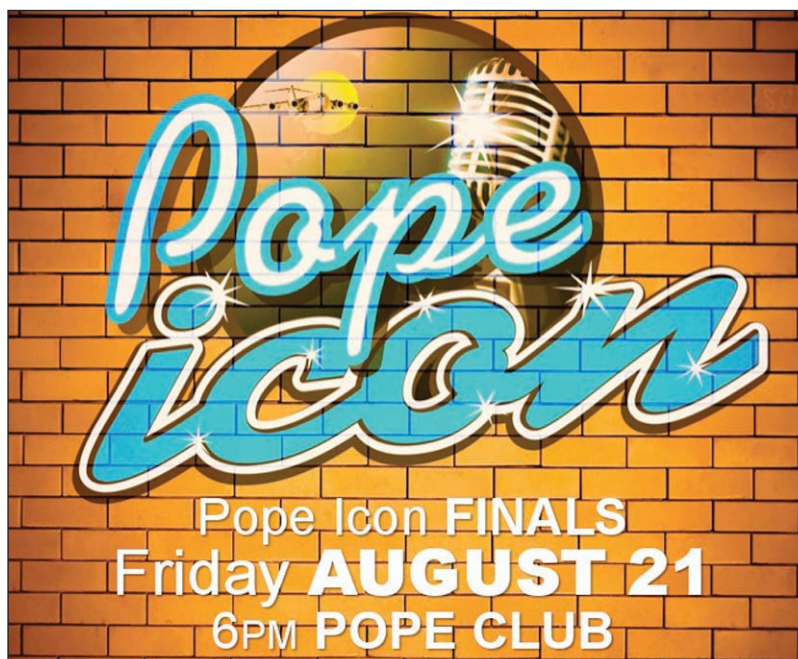
Catholic service: JFK Chapel, Ardennes Street, Saturday at 5 p.m. Confessions at 4 p.m.

Muslim or Orthodox Christian services: Call the Fort Bragg Chapel at 396-1121.

Officers' Christian Fellowship: Bible study on leadership, Wednesday at 6 a.m.

Jewish services: Contact the Faith Community Chapel Bldg. D-3733 Ardennes St at 489-2094.

Wiccan ceremonies: The Watters Center on Fort Bragg holds an open circle Thursday at 7:30 p.m.



Pope Icon
Pope Icon FINALS
Friday **AUGUST 21**
6PM POPE CLUB



Pope AFB Gryphon Safety-Gram
GEAR UP AND RIDE SAFE
QUICK GUIDE TO PROPER MOTORCYCLE SAFETY GEAR

- DOT / Snell Approved Helmet (With Visor)
- Reflective Vest
- Proper Attire Uniform
- Leather Gloves (Kevlar Finger and Wrist Guards)
- DOT Approved Helmet (Hull)
- Eye Protection (Goggles or face shield)
- Outer Garment (Brightly colored or contrasting reflective at night)
- Long Sleeve Shirt
- Gloves (Light Weight Full Fingert)
- Full Length Pants
- Boots (Sturdy Footwear, Over the Ankle Recommended)
- Over the Ankle Sturdy Foot Wear

Pope AFB Safety Bldg. 900, Rm 207/209
MC Safety - 394-8372

PROTECTIVE GEAR IS MANDATORY AT ALL TIMES, ON OR OFF BASE.

Movies

Tickets are \$2 for adults and \$1.50 for children 12 and younger.

Pope Theater

Armistead, Pope

Tonight: Transformers: Revenge of the Fallen (PG-13) 7 p.m.

Saturday: Night at the Museum: Battle of the Smithsonian (PG) 4 p.m.; Transformers (PG-13) 7 p.m.

Sunday: Up (PG) 4 p.m.; Terminator Salvation (PG-13) 7 p.m.

(Courtesy of www.aafes.com)



The Ugly Truth

By: 2nd Lt. Cammie Quinn

Editor



"The Ugly Truth" stars Katherine Heigl as Abby, an uptight news producer, alongside Gerard Butler as Mike, her nemesis and the epitome of all things misogynist. The two stand for opposite values. Abby, determined that somewhere out there is a man who can meet all 10 of her checklist qualities, is horrified when she happens to catch a late night rerun of Mike's show, appropriately named "The Ugly Truth." In his show, Mike objectifies women, insults Abby and breaks things down into three words: "men are simple."

Abby, a neurotic producer whose news show is on the cutting block for cancelation, is forced to accept Mike as a new employee hired to liven things up on the show – and does he ever. Mike's first episode has him questioning a fellow news anchorman's masculinity while simultaneously insulting his wife by insinuating that she has passed her prime.

It is not until Abby meets her new neighbor, the dreamy Dr. Colin, that she realizes she may just need Mike's expert opinion. Following an exceptionally awkward first meeting where Colin catches Abby doing an excited victory dance outside his front door, Mike presents her with an offer she can't refuse: follow his advice to win Colin over by shedding all the qualities that make her unique, and instead become the hot "Barbie Doll" every man dreams of. As part of the agreement, if the strategy works, Abby has to play nice with Mike; however, if it doesn't work, Mike has to leave the show indefinitely.

The movie, although not favored by critics, is humorous and endearing. Heigl stops at nothing to devote herself to her control-freak character and proves an equal balance between lovable and obnoxious. Butler's rendition of the ultimate bachelor provides the audience with genuine belly laughs and great one-liners.

"The Ugly Truth" is not the first, nor will it be the last of the romantic comedies which address the Battle of the Sexes. Although the movie resembles others, such as "10 Things I Hate About You" and "He's Just Not That Into You," the hilarious banter and chemistry between Heigl and Butler make up for the plot's lack of originality.

Go see this movie if you want junk food for your brain. You're not going to come out of it enlightened by any means, but you will leave with a smile and a few good laughs.



Willow Lakes Golf
Presents:

- **Summer Scramble 1-2-3 Golf Tournament**
Friday Aug 7th 1PM Shotgun
- **2 Person 6-6-6 Golf Tournament**
Friday Aug 7th 1PM Shotgun
- **4 Person Captains Choice Golf Tournament**
Friday Aug 28th 12PM Shotgun
- **BASE CHAMPIONSHIP**
Saturday & Sunday Aug 22nd & 23rd
8AM Tee Time

Call **394-4653** for more information



Jammin' in the Park
Thursday, August 13
Woodland Park 11am-1pm
Free hot dogs, chips & soda
Live DJ, Dancing, Inflatables & Fun!